



Anti-covid containment provisions until March 31, at CasaNave Alle Mura during BMC® training organized by Leben nuova.

1. Activities allowed according by the Italian current law decree

As a professional training center, we are still within the activities allowed by law. Therefore, you will be able to participate “in person” in the next BMC® training courses (Embryological Development at the end of January and RRR at the end of February) whether you have a Super Green Pass (2G) or a Basic Green Pass (3G).

2. Quarantine regulations according to the Italian current law decree

If a person tests positive during the course, for all others who have been in contact with that person, the quarantine standard varies depending on the type of certificate: people with Super Green Pass don't do quarantine, only monitor their own conditions and do a test the 5th day after contact with the positive person; people with Basic Green Pass have to do quarantine.

3. Internal regulation for BMC/Leben/CasaNave

To access a 4-day course, the following conditions are required:

- A. One week prior to the course, please inform the office by email (staff_leben@lebensnetz.it) or whatsapp (3755127096) if you have the Super Green Pass or if you need to use the antigenic for the Green Pass, or if a PCR test will be required for you to go back to your Country (please check regulations in your Country).
- B. The morning of the first day of the course, please show your certificate at the entrance.
- C. All participants, vaccinated and not, are requested to do a rapid swab test the evening before the first day. In case of positivity please promptly inform us at Gloria's number (3394981834). Kits for "do-it-yourself" rapid swab test are available at pharmacies, general drug stores and supermarkets.
- D. In the morning of the first day of class, those who are not vaccinated will need to do the swab test at the pharmacy (with reservations made in advance). Classes will then begin at 9:30 a.m. instead of 8:30 a.m. to allow these participants not to miss class time.

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- E. In the evening of the second day conditions at point (C) are repeated.
- F. In the morning of the third day conditions at point (D) are repeated.

For courses longer than 4 days, the procedure is the same: non-vaccinated people will test at the pharmacy every 48 hours on odd-numbered days of the course, and everyone does the "do-it-yourself" test on the evening of each even-numbered day of the course.

4. In case of positivity of one participant

If a participant will result positive to covid, he/she will not be able to return to CasaNave and will have to isolate himself/herself in quarantine according to the current regulations. For the rest of the group who came in contact with the positive person, there are different requirements: those who are vaccinated with booster (Super Green Pass) will have to monitor their own condition for 5 days (checking for symptoms and doing the rapid test at the end of the 5 days) but will not have to put themselves in quarantine. Unvaccinated people or those with no valid certification of recent dose, will have to put themselves in quarantine and will not be able to continue the course.

5. Use of face mask

While attending the course, you must wear a high protection mask and wear it properly. We require that you use the FFP2 mask (also known as N99 in the American regulations) because it filters and protects in both directions (unlike masks with valve which only protects the wearer), it also adheres better to the face, and can be sprayed with alcohol and reused more than once. Our activity involves moments of contact with reduced distance and moments when one speaks to the group (student and/or teacher) and has to lower the mask. Self-protection is therefore essential.

6. Working with touch

When we work with touch, we take precautions by using gel before and after each contact, in addition to any other indications the teachers may give.